

## Welcome to Northwest Kidney Centers!

What you need to know for your first dialysis treatment with us:

<b>Where:</b>	(address, map, and driving directions attached)
<b>When:</b>	<p>Your first treatment:          Arrive at: _____ Dialysis time: _____ to _____          You will review and sign paperwork first, then have a dialysis treatment. You will be given your schedule for following treatments.</p>
<b>You must bring:</b>	<p>Picture ID          Insurance cards          List of medications or pill bottles          Discharge instructions if you are just getting out of the hospital          Glasses, hearing aid, walker, wheelchair, cane; if you use them</p>
<b>You may bring:</b>	<p>Washable blanket, pillow with washable cover          Light snack          Another adult (can stay with you during your treatment)</p>
<b>What to wear:</b>	<p>Comfortable clothing          If you have a catheter in your chest, clothing must open in the front so staff can work with your catheter.          If you have a fistula or graft in your arm, clothing must allow it to be uncovered.</p>
<b>Transportation:</b>	<p>Transportation is your responsibility, but if you use King, Pierce or Snohomish County paratransit or DSHS transportation, you may call the Northwest Kidney Centers' transportation line at 206-292-2704, and we will set up rides. Rides must be scheduled 24 hours ahead.</p>
<b>Questions?</b>	<p>Call your dialysis center (number above).</p>