

Referral Form for CKD Services

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Information needed for CKD services:

- Patient demographic sheet
- Recent clinic note
- Recent labs

Fax this completed form and records to (206) 292-2163

Selecting the best education for your patient for their CKD journey—

- Eating Well, Living Well nutrition and Choices modality education are for CKD Stages 2-5.
 - Eating Well provides healthy lifestyle education to slow progression of CKD and optimize cardiovascular health by helping patients learn to manage what they can eat, stay active and achieve their optimal weight
 - Choices education reviews kidney disease basics, all treatment options, discusses planning and preparing, reduces fears, addresses barriers, and helps patients feel in better control of their health to maximize outcomes and quality of life
- **Next Step** education is for pre-dialysis patients who have attended Choices or dialysis patients to review specific options such as home hemodialysis (HHD) and peritoneal dialysis (PD).