

Chronic Maintenance In-Center Hemodialysis Standing Orders

1. Target Weight

All new patients will have an initial assessment.

2. Access:

a. Cannulation of AV Fistulas

In order to initiate cannulation of a new AV Fistula, the access must meet the following criteria as assessed by a Registered Nurse:

- At least six weeks from date of creation
- Greater than 1" total palpable length
- 6mm or greater diameter
- 6mm or less depth

b. Cannulation of AV Grafts

In order to initiate cannulation of new AV Grafts, the access must meet the following criteria as assessed by a Registered Nurse:

- At least two weeks from date of installation
- 6mm or less depth

c. If cannulation criteria not met contact surgeon and nephrologist for intervention.

d. Guidelines for Cannulation as follows:

- Only experienced staff may cannulate new accesses for at least the first six runs. If no experienced staff is available, fistula cannulation will be deferred.
- Refer to nephrologist for CVC removal after three consecutive treatments with x2 needles
- Adjust blood flow rates to needle gauge per table below or as ordered by MD.:

Blood Flow rates to Needle Gauge	
200-250ml/min	17 gauge
>250-350ml/min	16 gauge
>350-450ml/min	15 gauge

- AV Fistula week one – use 17g needle for arterial, CVC for venous return OR 17g needles for both A&V if approved by Registered Nurse
- AV Fistula weeks two and three – 16g needles for both A&V if approved by Registered Nurse
- AV Fistula weeks four and ongoing – advance to 15g needles if approved by Registered Nurse

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- vii. AV Graft week one – 16g needles for both A&V
- viii. AV Graft weeks two and ongoing – 15g needles

e. **Access Infiltration**

- i. Apply cold pack per policy for infiltrations related to access punctures.
- ii. Refer to access dysfunction algorithm.

3. **Machine Parameters/Default Settings**

The dialysis machine default settings have been adjusted to provide optimal patient care and are as follows:

- Bicarbonate: 33 meq/L
- Sodium: 135 meq/L
- Potassium: 3 K+ for incident patients
- QD: 600 ml/min
- Qb: per MD order. If the Qb is greater than or equal to 400 ml/min then the QD is set to 800 ml/min regardless of KT/V. The delta of Qb to QD must be a minimum of 200 ml/min.
- Temperature default: 37 degrees Centigrade

4. **Guidelines for use of 1K+ bath on prevalent patients is as follows:**

- a. A 1K+ bath is only prescribed for patients whose serum potassium level is greater than 6.0 and requires a physician order.
- b. If potassium level is >6.0 or < 3.0 or patient is placed on a 1 K bath, both the patient and the registered dietitian should be notified by nursing staff.
- c. The bicarbonate machine setting must be set at 33meq/L (or lower if ordered by MD)
- d. The serum potassium will be checked every week while the patient is on a 1K+ dialysate bath (ICD10 = E87.5)
- e. When the serum potassium level falls below 6.0 for two consecutive blood draws, the dialysate will be changed to a 2K+ by the nursing staff.
- f. If the serum potassium level increases to greater than or equal to 6.0, it requires another physician order to change the bath to a 1K+ again.
- g. For patients with a history of GI fluid losses or acute decrease in oral intake during the inter-dialytic period:
 - i. Draw a Chemistry panel (ICD10 = N18.6)
 - ii. Change the dialysate bath to a 2K+ for that treatment
 - iii. Notify the physician

5. **Daily Routine Diet/Fluid Guidelines**

- a. 1500-2000 mg sodium
- b. 2-3 gram potassium
- c. 0.8-1.2 gram phosphorus
- d. 1.0-1.5 gram/kg protein
- e. 750cc fluid plus the amount equal to the urine output

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6. Laboratory Tests: Routine (Annually = Jan; Semi-annually = Jan, Jul; Quarterly = Jan, Apr, Jul, Oct)

- a. Chemistry panel: monthly (ICD10 = N18.6)
- b. CBC with platelets: monthly (ICD10 = N18.6)
- c. HBsAg: (ICD10 = N18.6)
 - i. If the patient is HBsAg negative and Anti-HBs negative (or anti-HBs is <10 mIU/mL): draw HBsAg monthly
 - ii. Draw HBsAg annually on all patients
 - iii. While patients are receiving the Hepatitis vaccination series, DO NOT draw HbsAg. Draw the HBsAg one month after completion of the series.
- d. Anti-HBs: (ICD10 = N18.6)
 - i. Per vaccination protocol
 - ii. Draw annually on all patients
- e. Anti-HBc: (ICD10 = N18.6) On admission (if not previously obtained)
- f. Hepatitis C Antibody: (ICD10 = N18.6) On admission (if not previously obtained) and semi-annually.

For those new patients with a positive HCV Ab redraw HCV Ab and Hepatitis C RNA by PCR. (Refer to HCV surveillance policy.)
- g. iPTH: Hyperparathyroidism (ICD10 = N25.81) Hypoparathyroidism (ICD10 = E20.8)
 - i. For patients not on IV vitamin D replacement protocol: draw quarterly
 - ii. For patients on Vitamin D replacement protocol: see paricalcitol orders
- h. Aluminum:
 - i. On admission for all patients. (ICD10 = N18.6)
 - ii. Draw quarterly for:
 1. Patients with aluminum levels greater than 30 (ICD10 = N18.6 initial and subsequent draws)
 2. Or those on aluminum containing phosphate binders (ICD10 = N18.6 initial and subsequent draws)
 - iii. Annually in January for all patients (ICD10 = N18.6)
- i. Hemoglobin A1C: (ICD10 = Refer to Patients Problem List for diabetic diagnosis) Quarterly on patients with the diagnosis of diabetes mellitus
- j. TSH: (ICD10 = E03.9) Annually on patients who have the diagnosis of hypothyroidism.
- k. Magnesium: quarterly (ICD10 = N18.6)
- l. Glucose: quarterly for non-diabetics (ICD10 = R73.09) and monthly for diabetics (ICD10 = Refer to Patients Problem List for diabetic diagnosis)

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7. Lab Testing for Dialysis Adequacy: $spKt/V$, eKT/V , URR: monthly (ICD10 = N18.6)

- a. If dialysis run is unusual on the day of the routine blood draw (see description below) DO NOT OBTAIN post dialysis sample. Reschedule to draw the pre and post dialysis BUN at the next dialysis treatment.

Unusual dialysis run refers to:

- Shortened Dialysis Session: A dialysis that was terminated early or included many interruptions
 - Extra Dialysis Run
 - SUF: If a sequential UF and dialysis was ordered that is not the patient's routine prescription.
 - Longer Dialysis Session: If the patient was on longer than the usual ordered time.
- b. If the $spKt/V$ result on the routine monthly lab is less than 1.2, check to make sure the dialysis time is at 4 hours or longer, a high-flux dialyzer is in use and the Q_b is 300 ml/min or higher. Repeat the $spKt/V$ at the next dialysis. If these are still below target then call the nephrologist for orders.

8. Laboratory Tests PRN

- a. Blood Cultures: (ICD10 = R50.9 fever)
 - i. Patients with a CVC and a temperature greater than 100.0 F degrees (37.8C) draw TWO sets of blood cultures from the access/bloodlines at least 5 minutes apart. Notify MD by phone.
 - ii. Patients without a CVC with a temperature greater than 100.0 F (37.8C) Call MD for orders.
- b. Water and Dialysate Cultures/LAL and colony counts: Obtain these from the machine and treatment station when clinical suspicion warrants. (This is in addition to the routine scheduled cultures).
- c. Access Site Cultures: (ICD10 = T82.7.XXA for the initial culture; T82.7XXD if subsequent culture for same infection) Obtain if clinical signs of infection. Notify MD by phone.

9. Lab Requests for Patients Who Travel: These may be drawn prior to the scheduled travel, at the discretion and request of the accepting unit.

10. Medications/ Routine

- a. Heparin – Systemic Anticoagulant (Follow In-Center Hemodialysis Standing Orders - Heparin Protocol)
- b. Heparin-Catheter Anticoagulant/Post Dialysis Lumen Instillation
 - i. Fill each lumen with 1,000 units/ml heparin post dialysis. Draw up 0.2 ml more than the fill volume of the catheter and instill

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using positive pressure technique. If no fill volume is specified, use 1.5 ml/lumen.

- ii. After filling catheter, clamp while applying positive pressure.
- iii. Use of 5,000 units/ml heparin requires special physician orders. Dialysis technicians may not instill 5,000 units/ml heparin.

11. Medications/PRN

a. Adverse Reactions

NOTIFY:

- **MD by phone of any dialyzer, drug or transfusion reaction**
- **Pharmacy of any drug reactions**

TREATMENT:

Benadryl; Epinephrine; Solumedrol may be given for Blood Transfusion Reaction (ICD10 = T80.89XA), Dialyzer Reaction (ICD10 = T78.40XA) or Drug Reaction (ICD10 = T50.995A) as follows:

- i. Diphenhydramine (Benadryl) 25 mg may be given IV and repeated x 1 prn (if the patient is not hypotensive) for chills, fever, rash, itching, and backache related to any of the above noted reactions.
 - ii. Epinephrine 0.3 mg **IM**
 - iii. Solumedrol 125 mg IV push over 5-10 minutes
- b. **Lidocaine or Xylocaine 1%:** May use up to 1cc per puncture of subcutaneous anesthetic for access cannulation. (Recommended dose = 0.2-0.5cc)
 - c. **Tylenol/Acetaminophen** (for Pain (ICD10 = R52) or Fever (ICD10 = R50.9) greater than 100.0 F): Give 325 mg 1-2 tablets every 4 hours prn during dialysis. (Check patient's temperature before administration)
 - d. **Nitroglycerin** (for Anginal Chest Pain) (ICD10 = I20.9): Give 0.4 mg (gr 1/150) SL. May Repeat every 5 minutes x 2. **Do not give if systolic BP is less than 100 mmHg.** Notify MD by phone.
 - e. **Oxygen** (for dyspnea, Chest Pain, Hypotension, Arrhythmia etc.) (ICD10 = R09.02 Hypoxemia): Before administering oxygen, check O₂ sat. If patient has symptoms such as: dyspnea, chest pain, hypotension, arrhythmia or O₂ < 90%, administer at 2 L/min per nasal cannula or 5 L/min per mask. For patients with COPD use no more than 2 L/min and only by nasal cannula.
 - f. **Glucose Paste** (for hypoglycemia/insulin reactions) (ICD10 = E16.2): Obtain glucose monitor result. For symptomatic hypoglycemia (glucose monitor result greater than 50, less than 80) administer ½ to 1 tube (12-24 grams) paste po if patient is alert.

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- g. **Dextrose 50% IV** (for severe symptomatic hypoglycemia/insulin reaction, glucose monitor result below 50) (ICD10 = E16.2): administer Dextrose 50% 50 ml i.e. 25 grams IV x 1 dose. Notify MD by phone.
- h. **Normal Saline** (for muscle cramps or hypotension: Normal Saline (0.9%) IV may be given in 200 cc boluses up to 1000 cc.
- i. **Antihypertensives (for Hypertension)**: If systolic BP is greater than 200 or if diastolic BP is greater than 120, Notify MD by phone and DO NOT INITIATE DIALYSIS.
- j. **Seizures**: Initiate Seizure Management protocol and call MD.
- k. **Naloxone**: Please follow assessment for Naloxone use and administration. If the assessment is to administer naloxone, it can be administered as follows (per NKC procedure): Naloxone 0.4mg IV/IM once, followed by contacting emergency response team, if not already done so. May repeat once after 3 minutes, if appropriate.

12. Vaccinations

- a. Hepatitis B Vaccine (ICD10 = Z23): per protocol
- b. Influenza Vaccine (ICD10 = Z23): Should be administered to all patients during the flu season (Oct-April). Exceptions include- contraindications as stated by the physician, or patient refusal.
- c. Pneumococcal Vaccine (ICD10 = Z23): per Pneumococcal Vaccination protocol

13. Miscellaneous

- a. Unstable Medical Conditions: If nursing assessment deems the patient unsafe for dialysis, the hemodialysis treatment may be postponed or terminated at the discretion of the RN (with documentation in the EMR) and the MD notified by phone.
- b. Initiate On-Dialysis Protein Supplement (ODPS) Program.
- c. Initiate Bowel Protocol, as needed.
- d. Initiate TB Screening per TB Testing Surveillance for Patients policy.

14. Emergency dialysis Orders

Provision of dialysis services in an emergency depends on the degree of social isolation of both patients and staff, availability of patient transportation for access to care, and the reserve of caregivers to provide care.

During emergencies (earthquake, fire, flood, power-outage, pandemic, etc.), the following procedure will be implemented:

- In a declared emergency in which the NKC Emergency Operations

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Center (EOC) is convened, standing orders specific to the emergency at hand will be communicated to facilities, staff and medical staff.

- They are subject to change depending on changes in conditions.
- They may vary from facility to facility.
- Nursing services may exercise discretion and clinical judgment in their application.
- Baseline provision of care should include:
 - i. Dialyzer: any single use dialyzer
 - ii. Dialysate: [Ca⁺⁺] and [K⁺] per patient prescription: if emergency obligates decreased frequency or shortened time call physician for K⁺ orders if normal bath is < or > 2K⁺.
 - iii. Heparinization: 3.0 cc (3000 units) bolus.
 - iv. Time: provision of maximum dialysis time feasible given the nature of the emergency, in conjunction with instructions from the EOC.
 - v. Kayexalate (Hyperkalemia ICD10 = E87.5) provide patient with Kayexalate as needed from disaster supplies (30 gm).

Suzanne Watnick, MD

Physician Name (Please Print)

Physician signature
(see Initial Orders)

Date