

September 9, 2020

We want to continue to keep you and your family healthy

Dear Northwest Kidney Centers patient,

Thank you for being careful to protect your health and the health of others.

• Please tell us if you live with someone who is getting tested for COVID-19 or has COVID-19, and continue to come to dialysis.

We will take special precautions with your treatment while your household member is getting tested.

We want to know your household member's test result for COVID-19.

We will work with you and your physician to help determine if you need to be tested and how to continue to keep you healthy.

- Plan to get a flu shot in a few weeks at your dialysis clinic. We will let you know when the flu vaccine is available. It's especially important this year.
- Start thinking about winter weather. We're seeing signs of fall outdoors. Do you have a plan to get to dialysis when the weather gets cold and wet? Do you need emergency diet supplies in case you can't get out?
- **Remember the three W's:** <u>W</u>ear a mask, <u>W</u>atch your distance (6 feet from others), <u>W</u>ash your hands.

Wishing you a healthy, happy autumn.