

## **COVID-19 and Northwest Kidney Centers patients** March 5, 2020

Here is an update on how Northwest Kidney Centers is working to keep you free of infections and help you dialyze in comfort, guided by a team from the Centers for Disease Control and Prevention. We all need to protect ourselves and each other while COVID-19 is here.

## **What Northwest Kidney Centers is doing**

- We screen all patients and visitors as they arrive for any new signs of fever, cough, sore throat or trouble breathing.
- If someone has symptoms, they wear a mask for dialysis. Their care team wears a mask and a face shield with coat and gloves, and in certain circumstances, a gown.
- We are cleaning often, using products that kill the coronavirus that causes COVID-19.
- We are working actively with Public Health Seattle & King County and the Centers for Disease Control and Prevention (CDC).

## What you should do

- Keep up excellent hand hygiene. Cover coughs and sneezes. Throw used tissues in the trash.
- Clean and disinfect things you touch frequently. Regular household cleaning spray or a wipe works fine.
- · Come to dialysis!
- If you are sick, call your center before you come to dialysis. That will let us prepare ahead of time to dialyze you safely.
- If you're sick and have been exposed to anyone with a connection to COVID-19, it's especially important that we talk.

## Where to find reliable information

- Centers for Disease Control and Prevention (CDC)
- Public Health Seattle-King County
- World Health Organization
- Your care team at Northwest Kidney Centers

Keeping you safe, healthy and comfortable is our highest priority.