

## If there's earthquake, flood, heavy snow or other emergency—

### Who to call

- **Your dialysis center** to find out if it's open and running on schedule  

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*Write in center and number*
- **If you can't reach your center, call 206-292-3001** (Northwest Kidney Centers Information Hotline—recorded information about open centers, or go to **nwkidney.org** and click on “hotline information”)
- **To schedule dialysis at another center, call 1-800-606-9174** (Northwest Kidney Centers Emergency Dialysis Scheduling Line)
- **Your transportation provider** to check arrangements

### Listen and watch

- Tune in to local radio and TV stations for information about Northwest Kidney Centers

### If you can't get to dialysis

- Check your Emergency Diet brochure provided by your dietitian
- Start your emergency diet right away
  - You need dialysis to live; the emergency diet will keep you alive for only a few days without dialysis
- Get help to get to dialysis as soon as you can

### If you must go to an emergency shelter

- Tell the shelter staff right away that you are a dialysis patient with special medical and diet needs

### If you leave your home, take with you:

- Medication and medication list
- Phone numbers for your doctors
- Dialysis center contact information
- Information to reach friends and relatives, including those who live out of the area