



Emergency Kit Checklist

Check your kit every six months to replenish food, batteries or other perishables.

- Emergency diet food supply for 3—5 days
- Paper or plastic plates, cups, bowls, eating utensils
- Non-electric can opener
- Aluminum foil
- Battery-operated radio
- Flashlight(s)
- Extra batteries
- Candles and matches in waterproof container
- First aid kit
- Sharp knife and scissors
- Paper towels
- Baby or sanitary wipes
- Garbage bags
- Gallon jugs of distilled water (one gallon per person per day)
- Bleach and eyedropper to purify water (16 drops per gallon of water)
- Additional items of your choice for family comfort, pets or other needs