

# Community Connection

Volume 9, Issue 3 • Summer 2019



When completed, the renovated Bellevue facility will feature all of the services that make Northwest Kidney Centers the dialysis provider of choice in the region.

## With your help, we'll elevate Eastside kidney care

Kidney care on the Eastside will go from excellent to exceptional when Northwest Kidney Centers renovates and expands its Bellevue dialysis clinic starting this fall.

The facility will bring new programs to Bellevue, centralizing all the services a kidney patient may need, from treatment and training options to education and research. Located at 1474 112th Ave. NE, the facility is in the heart of Bellevue's medical district.

The project includes:

- Updates to the dialysis clinic and building infrastructure
- Training suite for people who choose home dialysis
- Health education classroom for patients and families
- Kidney Research Institute space for researchers and patients to meet for clinical studies

To learn more and find out how you can get involved, turn the page.

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# A complete kidney resource center is coming to Bellevue

The new Bellevue kidney resource center will feature all of the services Northwest Kidney Centers is known for: superb dialysis care, home dialysis training, health education classes and kidney research.



The Bellevue clinic will continue to offer the highest quality dialysis care.



"Patients with advanced kidney disease who live on the Eastside have limited services in their own community. The renovated center will bring many services currently unavailable to Bellevue. Donations to this good cause will help bridge a large, unmet need for kidney patients in our community."

— Raj Mehrotra, MD, Board of Trustees



"The renovated Bellevue facility will be much more than just a place to undergo dialysis for our patient community. It'll be a one-stop shop where patients on the Eastside can access every service they might need."

— Rich Bloch, former dialysis patient; past chair, Foundation Board; chair, Board of Trustees

Free classes will help patients slow down chronic kidney disease and prepare for dialysis or a transplant before their kidneys fail. A demonstration kitchen will provide nutrition education. Patient education improves outcomes and reduces health care costs.



A light-filled lobby will lead to a new elevator for access to education and research spaces on the second floor.

The second floor will house an education center named for lead donors Pam and Bill Ayer, a suite for the Kidney Research Institute, a training suite for patients who choose self-dialysis at home, and a community education classroom. These services have previously been unavailable in Bellevue.



## Join in the fundraising campaign

Your support can help make the Elevating Eastside Kidney Care vision a reality.

To learn more, call 206-292-5351 or email [Eastside@nwkidney.org](mailto:Eastside@nwkidney.org). Give online or see a virtual tour at [www.nwkidney.org/eastside](http://www.nwkidney.org/eastside)





## What will be your legacy?

Support from our community helps make possible vital Northwest Kidney Centers programs like charity care, patient education and kidney research. Many people make a gift each year to keep these programs going strong. Did you know that you can “endow” your annual gift by making a provision in your estate plan? For example, if you give \$500 each year and include a gift of \$20,000 in your will, that’s like endowing your annual gift for 40 years!

Whether you want to remember loved ones, minimize tax obligations for heirs, or simply leave a legacy with a lasting impact to Northwest Kidney Centers, there are a variety of ways to give. With a little planning today, you can direct gifts to Northwest Kidney Centers after your lifetime from your:

- Will or trust
- Retirement plan – IRA, 401(k), 403(b) or similar
- Life insurance
- Charitable giving or donor-advised fund

Find language for your will or other documents at [www.nwkidney.org/legacy](http://www.nwkidney.org/legacy). We are happy to give confidential assistance to you or your advisors.

### Please share your intentions with us.

We would love to thank you and ensure that your wishes can be met. We will also welcome you to the Heritage Society, which is our way of recognizing your remarkable commitment.



Emily McDaniel  
Gift Planning Officer  
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President and CEO Joyce Jackson and Calvin Sturdivant walk at the Tour de Cure, which raises awareness of diabetes, the leading cause of kidney disease.

## CEO Joyce Jackson plans to retire this fall

After 20 years at the helm of Northwest Kidney Centers, president and CEO Joyce F. Jackson plans to retire Nov. 1. A national search is underway.

“It has been an honor and privilege to serve as CEO of the world’s first dialysis program and one of the few nonprofit providers in our field,” Jackson said. “We have a proud history but, more importantly, we are evolving and changing with the times to be strong and relevant for the future.”

During Joyce’s tenure, revenue grew from \$32 million to \$131 million, while annual fundraising increased from \$200,000 to \$3 million. When Joyce took over in 1998, Northwest Kidney Centers was about to open its eighth dialysis clinic. The 20th clinic will open next year. (See back page.)

Today Northwest Kidney Centers is the eighth-largest dialysis provider in the country; it is the third-largest nonprofit provider.

## New members join our volunteer boards

Strong community support is a hallmark of Northwest Kidney Centers. Dedicated volunteers advance our mission by serving on our board of trustees, which guides every phase of operations, and on our Foundation Board, which raises funds and builds relationships in the community. We welcome:

### Board of Trustees



**Jenn Brenner** is vice president of finance for World Vision. She has deep technical experience in financial reporting from 18 years in the industry. She has also been a member and chair of the American Institute of Certified Public Accountants’ expert panel on not-for-profit organizations.



**Kristi Gaudreau** of Everett is a Northwest Kidney Centers patient. Recently retired after 25 years as a database trainer, Kristi is active in evangelism training at Calvary Chapel and dog rescue. She has utilized peritoneal dialysis and in-center hemodialysis since 2007.



**Douglas Ross** is a partner at Davis Wright Tremaine and an affiliate faculty member at the University of Washington law school, where he teaches antitrust and several courses in health care. He has held leadership positions in the American Bar Association and American Health Lawyers Association.



**Dr. Michael Sutters** is medical director of Northwest Kidney Centers Seattle clinic and a nephrologist at Virginia Mason Medical Center. He has served on the Northwest Kidney Centers medical staff executive committee since 2011 and will be its vice chair when his board tenure begins in July.

### Foundation Board

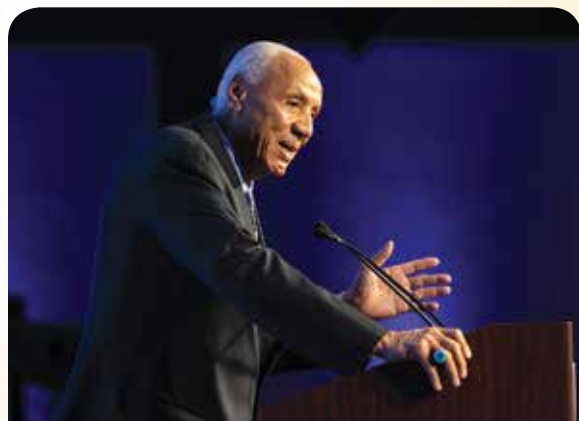


**Tammy Graves** is a health care principal at Point B, a professional services firm providing management consulting, venture investment and property development. She has broad health care experience in provider and voluntary health organizations including Providence St. Joseph Health, LifeCenter Northwest and PeaceHealth.



## Breakfast of Hope focuses on family services

Northwest Kidney Centers supporters contributed \$379,737 at the 17th annual Breakfast of Hope May 9 at the Westin Seattle. The funds raised will support charity care and patient/family support services.



In his keynote address, basketball legend Lenny Wilkens highlighted the importance of being active in and giving back to our communities.



A total of 647 people attended the breakfast, emceed by Q13 News anchor Matt Lorch.

## 17th Annual BREAKFAST OF HOPE

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## Research roundup



### Center for Dialysis Innovation a winner in KidneyX competition

The Center for Dialysis (CDI) Innovation received \$75,000 and wide recognition when its wearable dialysis system was named a winner in national competition.

The CDI is a multi-disciplinary collaboration between the Kidney Research Institute and the University of Washington's Engineered Biomaterials program, and it was a winner in the KidneyX Redesign Dialysis competition.

Fifteen winning projects were chosen from a field of 165. Among them was the CDI's Ambulatory Kidney to Improve Vitality (AKTIV), a wearable, miniaturized dialysis system that is low-cost, water-efficient, requires minimal anticoagulation, offers complication-free blood access and is easy to use.

KidneyX is a national public-private partnership created to accelerate the development of innovative medical products and approaches. The competition challenged innovators to propose new artificial kidney devices.

### IDEAS Symposium at the Center for Dialysis Innovation

The CDI will host its second IDEAS symposium Aug. 18-20 at the University of Washington, bringing together innovators of wearable, portable and implantable dialysis technologies, as well as industry professionals, bioengineers, nephrologists and government officials. Their goal: to transform dialysis.

Among the topics to be explored:

- The landscape of dialysis today
- How governments and foundations look at dialysis
- Vascular access challenges and advances
- Bio- and cell-based approaches
- Portable dialysis
- Membranes and toxin separation

Learn more at [cdi.washington.edu/ideas/](http://cdi.washington.edu/ideas/)



photo courtesy of NASA

### Kidney-on-a-chip returns from space

Launched from Cape Canaveral to the International Space Station May 4, the kidney-on-a-chip returned in June to the Kidney Research Institute. Astronauts conducted experiments in microgravity, which accelerates bodily processes. Researchers hope to learn about proteinuria (the presence of protein in the urine that signals possible kidney problems), osteoporosis (bone loss) and kidney stones.



## Save the date

### Joyce Jackson Farewell Reception

Wednesday, Oct. 23, 12 - 3:30 p.m.

Northwest Kidney Centers  
Haviland Pavilion  
700 Broadway, Seattle

### Discovery Gala

Saturday, Oct. 26, 5:30 p.m.

Hyatt Regency Bellevue



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Northwest Kidney Centers promotes the optimal health, quality of life and independence of people with kidney disease through patient care, education and research.



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## We'll expand into Snohomish County next year

Northwest Kidney Centers will add an outpatient dialysis clinic in south Everett late next year. Our 20th clinic and our first in Snohomish County, it will be in the Everett Mall Office Park at 1010 SE Everett Mall Way.

"We look forward to promoting the optimal health, quality of life and independence of our neighbors in Everett and south Snohomish County who live with chronic kidney disease," said Joyce F. Jackson, president and CEO of Northwest Kidney Centers.

In addition to life-saving dialysis, the facility will include training space for patients who wish to do dialysis at home and community education space for free classes for people with serious kidney problems.

Coming later this year are clinic openings in Seattle's Rainier Beach neighborhood and in Burien.



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