



Anayeli Hernandez gets a dialysis treatment at Northwest Kidney Centers Renton, our newest clinic. Eventually all Northwest Kidney Centers clinics will have new-style dialysis chairs like hers.

## Bring in the new

### Help us replace dialysis equipment for optimal patient care

At Northwest Kidney Centers, we are committed to providing patients the best quality of care. A model in the field, we consistently outperform the nation in clinical quality. This means our patients live longer, have better vascular access, get more kidney transplants and spend less time in the hospital. Using state-of-the-art equipment helps us continually meet and exceed our quality goals, so over the next several years we are replacing dialysis chairs, dialysis machines and ultrasound machines at our facilities – and you can help.

Consider making a donation toward equipment replacement and help us maintain the excellence of our life-sustaining dialysis care.

*For more information, see page 2.*

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## Don't miss a beat

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# New dialysis equipment helps patients get the best possible care



## Dialysis chairs

State-of-the-art dialysis chairs offer comfort and safety. We are installing new Medcor chairs with two folding side tables, built-in lumbar support, heat, swing-away side arms for easy cleaning and patient transfer, and chair backs that recline so that a patient's head can be lower than the feet (to raise a patient's blood pressure in an urgent situation). The cost for each dialysis chair is \$1,694.

## Dialysis machines

Replacing current dialysis machines will directly benefit patients. The B. Braun Dialog+ Evolution dialysis machine calculates the adequacy of the dialysis dosage so staff members can make adjustments during a treatment to increase effectiveness. The cost of each machine is \$11,700.

## Ultrasound machines

Terason ultrasound machines help us monitor each patient's dialysis access, which is the direct link to the patient's blood for dialysis. Ultrasound assists nurses and technicians to place needles with minimum discomfort to the patient, and detects problems with blood vessels early. We are updating Terason ultrasound machines at our dialysis clinics at a cost of \$24,000 each.



"I like these chairs better than the old ones. They have a heater, which gives me a bit of warmth. The chair is easy to operate, to adjust and sit back on your own. They're comfortable."

— Bernie Guthmiller, a patient at Snoqualmie Ridge

## How can you help

Help us replace critical dialysis equipment with your gift to Northwest Kidney Centers' equipment fund. Your donation will directly impact our patients' safety, comfort and treatment quality. Please consider a donation today.

Contact:

Rachelle Nesta

206-720-8544

[Rachelle.Nesta@nwkidney.org](mailto:Rachelle.Nesta@nwkidney.org)



# Northwest Kidney Centers Enumclaw dialysis clinic will open this spring



Our new, five-station dialysis clinic at 857 Roosevelt Ave. E. in Enumclaw will open this spring following a Medicare inspection and approval. The clinic will be open six days a week for two shifts, serving up to 20 patients.

If you are a Northwest Kidney Centers patient interested in transferring, please contact your social worker or unit manager.



## A gift in your will Continue your support of Northwest Kidney Centers

**Leave a legacy.** Making a will is an important way to extend your love, care, generosity and gratitude to family, friends and the charities you care about. A gift in your will, called a bequest, may be the best way to make a meaningful gift. In doing so, you help ensure our mission will continue in the future.



Yes! Please send me more information about how to include Northwest Kidney Centers in my will.

Yes! I'd like to learn more. Please contact me.

Name \_\_\_\_\_

Street address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Best time to call: \_\_\_\_\_

Email address: \_\_\_\_\_

**Please clip and mail to:**

Larry Richards  
Northwest Kidney Centers  
700 Broadway  
Seattle, WA 98122

**Or contact us:**

legacy@nwkidney.org  
**206-720-8550**

**Visit:**

www.nwkidney.org/  
plannedgiving

## 700 Broadway Transformed: New kidney resource center officially opens

We officially completed the Transforming 700 Broadway capital campaign that helped remodel our corporate headquarters. After three years and \$8 million in improvements, we have created a unique, comprehensive kidney resource center. It features a health education center, space for clinical research, a demonstration kitchen, expanded pharmacy, heritage museum, a dialysis clinic and an array of patient services. A grateful thank you to all who donated generously to the campaign!



Registered dietitians Katy Wilkens and Lane Hobbs make mango salad. The T. Evans and Ann P. Wyckoff Demonstration Kitchen provides space for our dietitians to show people how to cook healthy meals.



The exterior of 700 Broadway was given a facelift and now includes a canopy with LED lights. We now have a lighted, covered walkway from the parking garage to the front entrance.

# Learn about the history of dialysis, written in Seattle, at Northwest Kidney Centers museum at 700 Broadway

A centerpiece of Northwest Kidney Centers' new kidney resource center at 700 Broadway is the new historical museum and gallery on the first floor. Partially funded by charitable gifts, the museum showcases developments in dialysis technology and patient care over the 50 years we have been in operation.

Early dialysis machines, iconic photos and artifacts, and rare video clips help tell the story. The first dialysis organization anywhere in the world, Northwest Kidney Centers was the proving ground for many advances displayed in the museum.

A 22-foot timeline details milestones in our organization's history. The timeline includes the original Scribner shunt, the first blood access device to allow repeated hemodialysis. Designed at the University of Washington in 1960 by one of Northwest Kidney Centers' founders, Dr. Belding H. Scribner, the shunt made long-term dialysis possible. It changed chronic kidney failure from a death sentence to a manageable medical condition.

Also featured in the museum are exhibits that highlight the development of specialized water treatment systems and the two types of dialysis that patients can do for themselves at home, peritoneal dialysis and hemodialysis.

Free self-guided tours of the museum are available during weekday business hours. Guided tours may be arranged by appointment by calling 206-292-2771.



Visitors to the new Northwest Kidney Centers museum browse the timeline chronicling our organization's 50 years.



Chief medical officer Dr. Suhail Ahmad and Senior Council member Jack Cole reminisce about their roles in pioneering chronic dialysis.

## 33rd Annual Dialysis Conference coming to Seattle

March 10-12, 2013 • Washington State Convention Center



The Annual Dialysis Conference, hosted by the University of Missouri, returns to Seattle this year. Northwest Kidney Centers will have a major presence at the conference, designed for health professionals including physicians, fellows, nurses, dietitians and social workers. Many members of our clinical staff will attend for continuing education, and conference speakers will include Dr. Suhail Ahmad, chief medical officer; Dr. Christopher Blagg, executive director emeritus; Aaron Herold, home programs business manager; Patricia Knight, peritoneal dialysis nurse supervisor; Jennifer Hurley, social worker; and patient advocates Bill Peckham and Nancy Spaeth.

For more information about the conference or to register, visit: [som.missouri.edu/dialysis](http://som.missouri.edu/dialysis).

## Memories linger from successful 50th anniversary year

A year of observances surrounding Northwest Kidney Centers' 50th anniversary culminated in a big celebration weekend, including a reunion of those involved in our early years, a scientific symposium about kidney research and a celebration gala.



The Nov. 9 "What's Not in the Book" reunion brought together long-time and former staff members to reminisce about the early days of kidney dialysis in Seattle.



We topped off our 50th anniversary with a celebration gala Nov. 10 at the Grand Hyatt Seattle. Corporate sponsors and 374 attendees gave \$658,950 to benefit kidney research. Pictured is Joyce F. Jackson, president and CEO, welcoming gala guests.

## A warm welcome to our new trustee and Foundation Board members



**Dr. Cyrus Cryst**  
trustee

Dr. Cyrus Cryst is medical director of Northwest Kidney Centers Port Angeles and section head and leader in nephrology at Virginia Mason Medical Center. He also chairs our Foundation Board.



**Dr. Lisa Florence**  
Foundation Board member

A surgeon with the Swedish Organ Transplant Program, Dr. Lisa Florence and her husband are generous donors to Northwest Kidney Centers. Dr. Florence is also a member of the board of trustees.



**Brian Forcum**  
Foundation Board member

Brian Forcum is director of information technology collaboration and communication at the Bill & Melinda Gates Foundation. With ideas about how to use technology to reach new audiences, Brian brings expertise in new areas to the Foundation Board.



**Tom Olson**  
Foundation Board member

Tom Olson is an attorney with Seattle law firm Miller Nash, where his practice includes business ownership transition and estate planning. An experienced board member and fund raiser, Tom will help further develop our planned giving program.

Follow the Kidney Research Institute for the latest on studies and innovations



The Kidney Research Institute website has a new look. You can browse, filter and search scientific findings and learn about the people transforming lives through innovation and discovery. The Kidney Research Institute is a collaboration between Northwest Kidney Centers and UW Medicine.

[www.kri.washington.edu](http://www.kri.washington.edu)



[www.facebook.com/KidneyResearchInstitute](http://www.facebook.com/KidneyResearchInstitute)



[www.twitter.com/KidneyResInst](http://www.twitter.com/KidneyResInst)



**Tell Us  
Your Story**

We started this website for our 50th anniversary, and we will keep it going because many people have been inspired by it. We hope you agree, and that you'll share your story at:

[www.facesofnwkidney.org](http://www.facesofnwkidney.org)



[www.nwkidney.org](http://www.nwkidney.org)  
[pr@nwkidney.org](mailto:pr@nwkidney.org)  
 206-292-2771



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Northwest Kidney Centers promotes the optimal health, quality of life and independence of people with kidney disease through patient care, education and research.

### Mark your calendar

National Kidney Month  
 March 2013

World Kidney Day  
 March 14, 2013

Breakfast of Hope  
 May 14, 2013

7:30 a.m., Westin Seattle

Northwest Kidney Centers Gala  
 November 17, 2013  
 5 p.m., Hyatt Regency Bellevue



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## Grateful patient inspires a family of volunteers



Lori Morris relishes spending time with her youngest daughter, Evelyn, while volunteering for Northwest Kidney Centers.

Lori Morris has now lived 30 years with her transplanted kidney – longer than she did without it. When an undetected infection shut down her kidney function, Lori went on home hemodialysis for a year before receiving a kidney donated by her sister. “My three kids are the blessings of the transplant,” she says. “I had them after.” Her positive experience at Northwest Kidney Centers inspired Lori, all of her children and a close friend to give back. “My kids are grateful that I’m healthy – they didn’t really know what my experience was like, until they began helping in the clinic.”

Lori and her family have volunteered at Northwest Kidney Centers since 2003. They’ve helped with office work, provided event support and spent time in the dialysis clinics. These days, Lori volunteers weekly at Northwest Kidney Centers Lake City. With her youngest daughter, Evelyn, and friend Betty LaVigne, she helps the patient care staff by making dialysis kits consisting of the supplies needed to set up a patient on dialysis. “I’ve done a lot of volunteering, but there’s nothing that’s been like this experience. It’s nice to do something when you know you’re helping directly. I feel the gratitude from the nurses and other staff members on a regular basis.”